

# 2021 Tenderfoot Summer Camp Parent Guide

**Office Hours:** Monday – Friday 8:30 AM – 5:00 PM (Closed Saturday and Sunday)

**Summer Camp Office Hours** – Monday – Friday 8:30 AM – 5:00 PM, Closed Saturday, Open Sunday 1:00- 7:00 PM

We look forward to having you join us at Camp Shamineau this summer! These past few months have been a bit crazy with the Covid-19 situation. The information in this parent guide is accurate as to our intentions for 2021 summer camp and if changes are needed, we will be sure to contact you. Feel free to contact us in the camp office during our regular office hours if you have any questions. 218-575-2240.

## CHECK IN AND CHECK OUT FOR TENDERFOOT CAMPS RUNNING SUNDAY - FRIDAY

### **SUNDAY CHECK IN 5:30 – 7:00 PM SUPPER WILL NOT BE SERVED SO BE SURE YOUR CAMPER EATS BEFORE THEY ARRIVE**

Park by the gym - follow the signs. Campers will be given their cabin assignments in the parking lot unless there is a balance on their account.

#### **Go to the gym if you need:**

- Make a payment
- To drop off mail for your camper
- To turn in all your medications (prescription and over-the-counter) to the nurse

### **FRIDAY CHECK OUT 11:30 AM**

Campers' luggage will be at the gym, sorted by cabins. **Campers will only be released to someone listed on their account as an approved person to pick up the child.** If you are not personally picking up your child at camp, make sure that you have listed the person picking up your child on your child's record. We will not release your child to someone not listed on their record as an approved pick up person. **PARENTS WHO ARE PICKING UP THEIR CHILD MUST ALSO BE LISTED ON THEIR CAMPER'S RECORD.**

## CHECK IN AND CHECK OUT FOR TENDERFOOT CAMPS RUNNING SUNDAY - WEDNESDAY

### **SUNDAY CHECK IN 5:30 – 7:00 PM SUPPER WILL NOT BE SERVED SO BE SURE YOUR CAMPER EATS BEFORE THEY ARRIVE**

Park by the gym - follow the signs. Campers will be given their cabin assignments in the parking lot unless there is a balance on their account.

#### **Go to the gym if you need:**

- Make a payment
- To drop off mail for your camper
- To turn in all your medications (prescription and over-the-counter) to the nurse

### **WEDNESDAY CHECK OUT 11:00 AM Pack up and head for home!**

Campers' luggage will be by their cabins. **Campers will only be released to someone listed on their registration forms as an approved person to pick up the child. PARENTS WHO ARE PICKING UP THEIR CHILD MUST ALSO BE LISTED ON THE FORM.** If you are not picking up your child at camp make sure that you have informed the office as to your arrangements. We will not release your child to someone not listed on their record as an approved pick up person.

## **CHECK IN AND CHECK OUT FOR TENDERFOOT CAMPS RUNNING WEDNESDAY - FRIDAY**

### **WEDNESDAY CHECK IN 4:00-5:00 PM**

- Park by the Dining Hall - follow the signs

#### **Go to the front of the Dining Hall**

- To get your cabin assignment
- Make a payment
- To drop off mail for your camper
- To turn in all your medications (prescription and over-the-counter) to the nurse

**5:00 PM – Campers say good-bye to parents and proceed to their supper and camp tour.**

### **FRIDAY CHECK OUT 11:30 AM**

Camper's luggage will be by the gym sorted by cabin. **Camper's will only be released to someone listed on their registration forms as an approved person to pick up the child. PARENTS WHO ARE PICKING UP THEIR CHILD MUST ALSO BE LISTED ON THE FORM.** If you are not picking up your child at camp make sure that you have informed the office as to your arrangements. We will not release your child to someone not listed on their record as an approved pick up person.

### **LATE ARRIVAL AT CHECK IN**

If you do not think you will make it to camp by the end of check-in please notify the camp office.

### **EARLY DEPARTURE**

We would ask, as a general rule, that you do not check out your camper early unless it is absolutely necessary. If your child needs to be picked up early, please contact the camp office.

### **GETTING TO CAMP**

Directions to Camp - 2345 Ridge Rd, Motley, MN. Camp Shamineau is located about an hour north of St Cloud (just south of Motley) on Highway 10. Watch for the "Camp Shamineau" or "Ridge Road" signs at mile marker 120. Camp Shamineau is 1 1/2 miles east of Highway 10 on Ridge Road. You can also log into your account and click on "Additional Options" to get Driving Directions.

### **WHEN IS THE BALANCE DUE ON MY CAMPER'S ACCOUNT?**

Your balance is due 2 weeks prior to your camp session.

### **HOW MANY CAMPERS WILL BE IN THE CABIN WITH MY CHILD? HOW MANY COUNSELORS?**

#### **Camper/Staff Ratio**

Children are placed in cabin groups of up to 12 campers with 2 counselors to each cabin.

#### **Cabin Assignments**

Cabin assignments are made 10 days before each camp session and we do not release the cabin name to campers ahead of their arrival.

1. The maximum number of friends that will be housed together in a cabin is 5.
2. Groups larger than 5 friends will need to be divided unless we have extra cabins available for the week to accommodate the group. Parents will be contacted regarding recommendations on how to divide the group.
3. If a group of friends fills a cabin, they can be housed together.
4. Do not make Cabin Mate changes online beginning 10 days prior to your camp session. **If you have any Cabin Mate changes to make 3-10 days before your camp session, call our office. We cannot guarantee placement of any last minute cabinmate changes.**

## **YOUR FAMILY ACCOUNT**

We get a lot of emails and phone calls from parents with questions concerning their family accounts. One of the best things you can do is get familiar with how to use your family account. Keep track of your username and password as that will get you into your account. If you forget your username and password give us a call and we can help you with that.

**"HOW TO" ONLINE – to log into your family account go to [www.shamineau.org](http://www.shamineau.org), Click on My Account and enter your username and password.**

**To make changes to your camper's health form or medication list click on your camper's name then scroll down and click on the Forms or Medications options and make any changes.**

**To make changes to your reservation click on the actual reservation. That will bring you to a page that lists all your reservation details. You can also make any changes on this page.**

- To add a Shamineau care package click on their individual reservation and then the blue EDIT button next to the Options line.
- To add spending money to their Camp Store Account, click on their individual reservation (Tenderfoot) In the Reservation Details Box click on the blue EDIT button next to the Store Deposit line.
- To add a cabin mate or check on the cabinmates listed click on their reservation and then click on Additional Information – cabin mates.
- To add an approved pickup person, click on Pickup Authorization and make your changes.

## **SHAMINEAU CARE PACKAGES**

**Camp Shamineau Care Packages** are an easy way for your child to receive a treat. A Care Package contains items handy for camp, snacks and Shamineau souvenirs and can be purchased for \$20. You can order these items with your registration or add them at check in and they will be delivered to your child early in the week.

## **PHOTO GALLERY, VIDEO OF YOUR CAMPER'S WEEK**

While your camper is at camp you can view pictures on our website or facebook page or upload the Camp Shamineau App to your phone. On the website go to "At Camp" and the click on Camp Life Blog. On the app just click on Camp Life Blog. Camp Shamineau also has a Facebook page where you can see these pictures posted. Video of your camper's week at camp will be available to download on your electronic device. After the camp session you will receive an email with a link to that week's video for you to access as well as their cabin picture.

## **WATERFRONT**

Our waterfront has a dock system that divides the shallow part of the swim area from the deeper part. Tenderfoot campers are only allowed in the shallow part of the swim area. Certified lifeguards supervise all swimmers. Lifejackets are provided by Camp Shamineau for all watercraft activities.

## **CAMPER'S SPENDING MONEY**

Any spending money that Tenderfoot Campers bring to camp needs to be deposited in their Camp Store account. Tenderfoot Campers cannot keep their own spending money. All unspent money is returned before they leave camp. During the day campers can go to the camp store and buy snacks or Camp Shamineau souvenirs and clothing items. The store features t-shirts (from \$10-\$15) sweatshirts (from \$25-\$40) and much more.

**All camp store spending money needs to be deposited into the camper's camp store account before they arrive at camp. To put money in your camper's store account:**

- Log into your family account (My Account) at [www.shamineau.org](http://www.shamineau.org)
- Click on your camper's registration – example: Tenderfoot
- In the Reservation Details Box click on the **blue Edit** button next to the Store Deposit line.

**Please DO NOT add any spending money to the camper's account after check-in on as it will not be credited to their spending account for the week.**

## **HOW DO YOU HANDLE MY CHILD'S HEALTH NEEDS?**

We take every precaution to ensure the health and safety of each camper. Your child's health is our nurses' main concern. Campers are welcome to see them at any time. We want to keep campers healthy and happy so they can have a great week of camp! Should your child require off-camp care, every attempt will be made to contact you first.

- **Each camper is required to submit the completed medical information form.** If you register online this form is part of your registration process. If you use the paper registration you will need to fill out the paper form.
- A well-equipped Health Center is located on site and staffed by medical personnel. We do have “over the counter” meds in stock so please do not send any ibuprofen, acetaminophen, Benadryl type products with your camper as they only take up space and are provided by us.
- Clinics and emergency room care are located within 12 miles of camp and many of our staff are Emergency Medical Technicians and First Responders.
- Camp Shamineau carries secondary medical coverage on campers. Medical bills resulting from injury while at camp must first be submitted to the camper's personal medical insurer.
- If you have specific concerns or care instructions, please send those to us in writing.

### **Medications**

When packing, have all medications in a zipper locking bag clearly marked with the camper's name. All medication (prescriptions, vitamins, over the counter medications) must be turned in to the nurse during check in and will be administered as scheduled. Medications will be returned to campers prior to departure. Campers with inhalers should bring two, one to keep in their cabin and one to leave with the Camp Nurse. Bring an anaphylactic kit for severe allergies.

### **Poison Ivy**

Let your campers know that Poison Ivy grows abundantly in our area. Help them learn to identify it and encourage them to stay on well-traveled paths. Campers should always wash well after being in areas of possible poison ivy contact or use an alcohol-based waterless hand sanitizer. This will neutralize the oils on the skin.

### **Camp Shamineau caters to the following dietary needs:**

- **Gluten-Friendly Options:** Camp Shamineau offers gluten-friendly meal options at every meal. Please note gluten-friendly differs from gluten-free. Gluten-friendly meals are prepared in areas that also prepare non-gluten free meals. For example: a gluten-free pizza is cooked in the same oven that cooks a non-gluten free pizza. The only Gluten-free options will be individually wrapped products produced by a certified gluten-free company. These include muffins, cookies, and a few desserts.
- **Dairy-Free Options:** Camp Shamineau will provide a dairy-free meal option when necessary. Please let the camp kitchen know in advance.
- **Allergies:** Camp Shamineau does not serve peanut or tree nut products, but some of our products may be manufactured in facilities that also process nuts. Our snack shop does have candy that contains nuts and peanuts.
- **For all other allergies,** please contact the camp kitchen in advance to discuss what options may be available.
- **Guests have the option to bring their own food.** Refrigerated space is available.
- If your child has food allergies, please click on this link and fill out the form and submit so our kitchen staff has that information. <https://www.cognitofrms.com/CampShamineau1/FoodAllergyAlert>

Individual special dietary meals arranged in advance will be served from the front counter. Gluten-FRIENDLY items will be labeled on the general buffet line. Gluten-FREE items and lactose free milks will be located on a separate counter near the general buffet line. Kitchen contacts: email: [kitchen@shamineau.org](mailto:kitchen@shamineau.org) or call 218-575-2240 extension 1304.

## **HOW DO I CONTACT MY CAMPER DURING THE WEEK?**

### **Phones**

At Camp Shamineau campers are only permitted to make or receive phone calls in emergency situations. Campers will also not be allowed to keep cell phones. Parents are requested to call for campers only in the case of an emergency. After 5:00 PM an answering machine will provide an emergency number. A Camp Shamineau staff member will answer this phone after hours. This after-hours phone is for emergencies only.

### **Visitors**

Due to the brief stay the campers have at camp there are no scheduled visiting days during the week.

### **Camper Emails!**

To send an email to your camper go to the website [www.shamineau.org](http://www.shamineau.org), then "click to email a camper". Emails will be printed off each morning at 9:00 AM and delivered to campers during mail call. We also would request that you don't send multiple emails each day. Keep your emails positive and encouraging as that will help keep your camper from feeling homesick.

### **Mail**

Campers love to receive letters while at camp. If you are sending mail be sure to allow at least 3-4 days for the mail to arrive.

Address your mail:     Camp Shamineau  
                              Camper's Name  
                              PO Box 244  
                              Motley, MN   56466

**For letters going through the US Post Office please use our PO Box number, NOT the street address. We pick up our mail each morning at the post office and they prefer our box number.**

Many parents bring their camper letters with them when they drop their camper off at camp. We will keep your camper's letters in our office and deliver them during the week. Be sure they are well marked with your child's name and drop them off at check in.

**\*\*\*\*\*IMPORTANT – We are no longer accepting packages from home to be delivered to campers during the week.** If you have a special treat you want your child to have please put it in their suitcase ahead of their arrival. Please do not send them packages through the mail either.

## **WHAT HAPPENS IF MY CHILD GETS HOMESICK?**

Preventing homesickness starts at home with you! Homesickness is an affliction that can affect a child's camping experience. Once at camp we do our best to help campers work through the feelings, but here are some suggestions that can make things easier for your child.

- Send your child with a good friend. Good supportive friends are a great prevention.
- Discuss what camp will be like. Talk about the fun activities, the idea of growing up and the adventure of it all.
- Plan an overnight for your child before camp. This will help you evaluate if your child is ready for camp.
- Write them often while they are at camp. Keep your letters cheerful!
- If your child is significantly struggling with homesickness a staff member will call you to discuss the situation.

## **WHAT DOES MY CHILD NEED TO PACK FOR CAMP?**

Bringing what your child needs can help to ensure a good camp experience. **Remember to mark all clothing and gear with the camper's name using nametags or permanent ink. If an item ends up in our lost and found we will then know who to contact to return it.** Keep in mind that no laundry service is available.

When it comes to clothing, pack items that are modest. To us this means that swimwear adequately covers a camper's body, pants stay up, and we don't see their underwear. All girls should pack a one-piece swimsuit or modest tankini since most camp water activities are very active. Clothing that advertises alcohol or tobacco products is not allowed. If you don't think something will be right for camp, you should leave it at home. If a camper is wearing something that is inappropriate camp staff will ask them to change.

### **Be sure to pack typical camp clothes - the kind you could afford to lose and don't mind getting really dirty!**

Days can be very hot and nights can get cool, so pack accordingly. Due to the active nature of camp, all campers must have at least one pair of athletic/tennis shoes. Please make sure your bag for dirty clothes is marked "DIRTY CLOTHES" and labeled with your child's name so it is not mistaken for trash.

- Jeans/Shorts
  - Water Bottle
  - Swimsuits (for girls - one-piece or modest tankini only)
  - T-shirts
  - Sweatshirt/Jacket
  - Pajamas/underwear/socks
  - Athletic/running Shoes
  - Dirty Clothes Bag
  - Sleeping Bag/Pillow/ OR Bedding that will fit a bunk or twin size bed
  - Towels/Soap/Shampoo/Toothbrush/Toothpaste
  - Bible/Notebook/Pens
  - Stamps/Envelopes/Postcards for letters home -
- Optional items: sun block, flashlight, bug spray

### **DO NOT BRING**

Excessive snacks, music devices, cell phones, electronic games, immodest clothing, expensive items/clothing. Camp Shamineau is not responsible for lost, broken or stolen items brought by campers.

### **LOST AND FOUND**

**Mark all items with your child's full name with permanent ink. All Lost and Found items are discarded after 10 days.** It is your responsibility to call camp and give us a detailed description of your lost items. If the reported items are found, we will call to make arrangements for your payment of the packing and shipping costs. Any towels, socks, undergarments, pillows, toiletries and wet or foul-smelling items will be discarded immediately.

### **SEVERE WEATHER**

With summertime always comes the possibility of severe weather. Our directors monitor the weather constantly during any weather alerts, and the Morrison County Sheriff's department is always in direct contact with us at those times as well. Counselors are trained in procedures of safety in case of severe weather and we have a number of buildings on site with basements that campers are sent to. Island campers shelter in the lodge on the Island.

### **STAFF SELECTION AND TRAINING**

All staff are chosen on the basis of their personal commitment to Jesus Christ, maturity, character and love for kids. Staff attend a minimum of a week-long training session and are regularly evaluated. Interviews, references and background checks are part of our hiring process.

### **CAMP ACCREDITATION**

Shamineau Ministries is affiliated with the Evangelical Free Church of America, but campers of all beliefs and denominations are welcome. Christ and a personal relationship with Him are the core beliefs communicated. Camp Shamineau is accredited by CCCA, Christian Camp and Conference Association. Key staff members have certifications within their area of expertise. Many of our staff are Emergency Medical Technicians, certified First Responders and Fire Fighters.